

Is the driver sober? Are you sure?

The Sober Truth on Drinking & Driving



We all know that drinking and driving is dangerous and can have devastating consequences. Most parents and adults agree that they would NEVER want their young person to ride in a car with a person that was drinking.

Young people tend to have the idea that “It will never happen to me” and this makes it even more important to clearly define the rules, expectations and boundaries surrounding this issue. It is important that we role

model this for our children by refusing to drive or ride along with a person that was drinking. Our kids are watching us so we need to play it safe by modeling responsible drinking and securing a designated driver before drinking.

Stay Connected

1. Set clear no underage drinking boundaries
2. Talk to your kids about the dangers and consequences of drinking and driving and set clear expectations surrounding this issue
3. Monitor your child’s activities by knowing who they are with, what they will be doing and where they will be
4. Talk about the importance of “safe driving” – which includes being sober AND no texting while driving.
5. Model what safe driving looks like, and give pointers to your kids while they ride in the car with you.
6. Check your child’s vehicle after the weekend.



Summer ALERT

More than 11,000 teens try alcohol for the first time in the summer.

For more information, find the Branch County Substance Abuse Task Force on Facebook or go to www.branchcountysatf.com.

