

Do you know who your kids are with? Are you sure?

The Importance of Staying Connected



A good way to stay connected and know the interests of your child is to get to know their friends. Getting to know the parents of your child's friends is also key.

This way you will feel better about leaving your child in their care or under their supervision. You will have a better idea of the environment when your child asks to visit their house.

Talk about it....

Have conversations often about your expectations for your child.

Make sure you clearly communicate what you expect when it comes to drinking alcohol, using drugs, friendships, sex, and dating.



Monitor Activities

1. Require your child to check in by phone if they change locations.
2. Have their friends come to the door to meet you before they "go out."
3. Don't be afraid to call the parents of your child's friend to get details about what they will be doing.
4. Do your kids introduce you to their friends? If they don't they may have something to hide.
5. A sudden shift in peer groups may be a red flag – talk to your child about the change.

HELPFUL WEBSITE FOR PARENTS

branchcountysatf.com
timetotalk.org
parentfurther.com

