

What internet sites did your kid visit today? Are you sure?

How do I track internet use without being a snoop?

Most parents are naturally concerned about being respectful of their child's privacy; however it is important to remember that the internet is a public



place. Every single activity your child does online leaves a footprint that can be traced. Encourage cyber safety. It is really important to help your child understand that nothing is private on the internet and that as their parent it is your responsibility to monitor activity to keep them safe and protected.



Top 3 Tips for Young People

1. **Keep Safe**-it is important to keep your personal information safe; never disclose your address, phone number, etc online.
2. **Keep Away**-stay away from internet strangers because you have no way of knowing who they are. NEVER meet people from the internet face-to-face without talking with your parent first.
3. **Keep Telling**-talk to your parents or another adult about the internet and ALWAYS tell someone if something on the internet makes you feel unsafe or uncomfortable.

Top 3 Tips for Parents

1. **Keep Current** with the types of technology that your child uses. It is important to have a basic understanding in order to keep your child safe.
2. **Keep Communicating** with your kids about what sites they visit on the internet, keep the communication lines open about what experiences they have had and what your expectations are.
3. **Keep Checking** your child's activity on the internet. Don't keep this a secret. Let them know that you will be checking periodically. Remind them that the internet is not private and activity can be tracked.



Does texting lingo feel like another language?
Need more help translating?
www.netlingo.com



Summer ALERT

In the past 12 months, 42% of students have read an email or website message that spreads a rumor about 1 or more students.

Talk with young people about cyber bullying – ways to prevent it, recognize it, and report it. **Visit stopbullying.gov.**

